

# Most Needed Items

BREAKFAST BARS



CANNED FISH  
OR CHICKEN



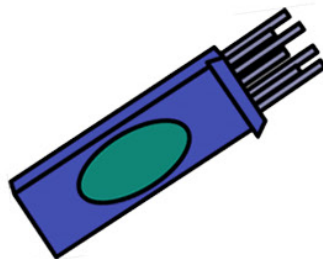
BEANS  
(DRY OR CANNED)



CANNED  
VEGETABLES



PASTA



PASTA AND  
TOMATO SAUCE



COOKING OIL



DRY MILK



JELLY



RICE



SOUPS /  
BEEF STEW



**Harry Chapin Food Bank**  
OF SOUTHWEST FLORIDA

Pop top cans & microwavable cups preferred.